



PHAKALANE
centre for living ritual

'Sexuality Reclaimed'

A Talk by Stephen Tredrea



Some learn of the birds and bees, other's by trial and error. When our elders, guardians, teachers and mentors know so little of their own sexuality, what chance do children have when reaching sexual maturity?

We grow up somewhat sexually dysfunctional. What little information we do receive is veiled in mystery and spiced with the threat of some intolerable life-long suffering. It's forbidden yet highly desired. At best we entertain ourselves with meager and barely satisfying experiences. At worst we inflict feelings of inadequacy and frustration onto those we love. In this the genders remain polarized, deflated and unsupported.

With anecdotal stories, Stephen explores ideas about gender and sexuality, considering possibilities of intimacy and ecstasy where we reclaim and establish an integrated, honouring and celebratory relationship with our sexuality.

- Date** Wednesday 21 April 2010
- Time** 6.30 pm – 8 pm
Followed by chai tea and biscuits
- Place** Phakalane – centre for living ritual
12 Hunters Way, Hout Bay
- Cost** By donation.
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